

Uruguay

Medical Summary

The health risk information presented here is summarized from Shoreland Travax[®], a decision-support tool used by health care providers to perform a detailed health risk analysis based on specific locations, individual travel styles, and traveler risk behaviors. Travax provides practitioners current, independently researched malaria risk and prevention recommendations in a map-based format that goes beyond the annual WHO and US CDC statements included here. Not included here are current reports from Travax of disease outbreaks or environmental events that may pose elevated risks to travelers' health and safety. The Providers section of this site offers a directory of health care providers who utilize Shoreland Travax for travel health counseling. Learn more about the detailed reports and maps available from these practitioners (includes links to samples).

General Information

Uruguay is a developing nation classified as high income. Located in southern South America along the Atlantic Ocean (south of Brazil and north of Argentina), the climate is classified as humid temperate (no dry season).

Vaccinations

Yellow Fever

- *Requirement:* No requirement for any traveler as of November 18, 2022 per the 2022 online update of *International Travel and Health*.

Other Vaccines

Depending on your itinerary, your personal risk factors, and the length of your visit, your health care provider may offer you vaccination against COVID-19, hepatitis A, hepatitis B, influenza, measles, mumps, rubella, rabies, or typhoid fever. Routine immunizations, such as those that prevent tetanus/diphtheria or "childhood" diseases, should be reviewed and updated as needed.

Malaria

The following is current information as reported by the World Health Organization (WHO) and the US Centers for Disease Control (CDC):

WHO—*International Travel and Health* (current online update, Country List)

No statement given.

CDC—*Health Information for International Travel* (current online edition)

Areas with malaria: None.

Drug resistance: Not applicable.

Other Concerns

Travelers' Diarrhea

Moderate risk exists throughout the country, with minimal risk in deluxe accommodations. Community sanitation and food safety measures may be inadequate. Some itineraries (e.g., remote destinations, austere accommodations) and activities (e.g., ecotourism, eating street or local-market food) further increase risk.

Travelers should observe food and beverage precautions, which reduce the likelihood of illness.

Travelers should carry loperamide for self-treatment of diarrhea and, if risk is moderate to high, an antibiotic to add if diarrhea is severe. Consult a knowledgeable health care provider regarding which antibiotic is appropriate for you and most effective for your destination.

Insect- and Arthropod-Borne Diseases

Chagas' disease (American trypanosomiasis), dengue, leishmaniasis may pose a risk. Personal protective measures are important.

Other Disease and Health Risks

Additional concerns include anthrax disease, hantavirus, helminths, leptospirosis, sexually transmitted infections, tuberculosis.

Consular Advice

The material below includes information from the US Department of State (DOS), the UK Foreign, Commonwealth & Development Office (FCO), Global Affairs Canada (GAC), and Australia's Department of Foreign Affairs and Trade (DFAT), as well as from additional open-source material. Standard safety precautions that apply to all international travel can be found in the Library article Safety and Security.

Terrorism Risk

No intrinsic risk of attack by terrorist groups exists, but unforeseen attacks are possible.

Crime

Moderate risk of violent crime (armed robbery, carjacking, and assault) and moderate risk of petty crime exist in Montevideo, especially in Plaza Independencia, La Ciudad Vieja, Cerro, and Avenida 18 de Julio and surrounding areas.

Civil Unrest

Protests and demonstrations frequently occur throughout the country, especially in Montevideo, and are generally peaceful but have the potential to turn violent without warning. Bystanders are at risk of harm from violence or from the response by authorities. Disruption to transportation, free movement, or the ability to carry out daily activities may occur.

Transportation Safety

High risk of traffic-related injury or death exists. The road traffic death rate is 12 to 24 per 100,000 population. The rate is less than 10 in most high-income countries.

Structural standards for vehicles may not meet international standards.

Natural Disasters

Seasonal flooding frequently occurs, especially from March through April.

Consular Information

Selected Embassies or Consulates in Uruguay

- United States: [+598] 1770-2000; uy.usembassy.gov
- Canada: [+598] 2-902-2030; www.uruguay.gc.ca
- United Kingdom: [+598] 2-622-3630; www.gov.uk/world/organisations/british-embassy-montevideo
- Australia: [+598] 9-845-1451

Uruguay's Embassies or Consulates in Selected Countries

- In the U.S.: [+1] 202-331-4219
- In Canada: embassyofuruguay.ca
- In the U.K.: [+44] 020-7584-4200
- In Australia: [+61] 02-6273-9100

Visa/HIV Testing

HIV testing is not required to obtain a tourist, work, or residence visa.

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