

Bahrain

Medical Summary

The health risk information presented here is summarized from Shoreland Travax[®], a decision-support tool used by health care providers to perform a detailed health risk analysis based on specific locations, individual travel styles, and traveler risk behaviors. Travax provides practitioners current, independently researched malaria risk and prevention recommendations in a map-based format that goes beyond the annual WHO and CDC statements included here. Not included here are current reports from Travax of disease outbreaks or environmental events that may pose elevated risks to travelers' health and safety. The Providers section of this site offers a directory of health care providers who utilize Shoreland Travax for travel health counseling. Learn more about the detailed reports and maps available from these practitioners (*includes links to samples*).

General Information

Bahrain is a developing nation classified as high income. Located in the Middle East in the Persian Gulf (east of Saudi Arabia and west of Qatar), the climate is classified as dry (arid).

Immunizations

Yellow Fever

Although yellow fever does not occur in Bahrain, an official yellow fever vaccination certificate may be required depending on your itinerary.

- ▮ *Requirement:* A vaccination certificate is required for travelers aged ≥ 9 months coming from countries with risk of YF transmission. This also applies to airport transit stops (no exit through immigration checkpoint) longer than 12 hours in risk countries.

Other Vaccines

Depending on your itinerary, your personal risk factors, and the length of your visit, your health care provider may offer you vaccination against hepatitis A, hepatitis B, influenza, measles, mumps, rubella, meningococcal meningitis, rabies, or typhoid fever. Routine immunizations, such as those that prevent tetanus/diphtheria or "childhood" diseases, should be reviewed and updated as needed.

Malaria

The following is current information as reported by the World Health Organization (WHO) and the U.S. Centers for Disease Control (CDC):

WHO—*International Travel and Health* (current online update, Country List)

No statement given.

CDC—*Health Information for International Travel* (current online edition)

Areas with malaria: None.

Drug resistance: Not applicable.

Other Concerns

Travelers' Diarrhea

Moderate risk exists throughout the country, including in deluxe accommodations. Food and beverage precautions may reduce the likelihood of illness.

Travelers should carry loperamide for self-treatment of diarrhea and, if risk is moderate to high, an antibiotic to add if diarrhea is severe. Consult a knowledgeable health care provider regarding which antibiotic is appropriate for you and most effective

for your destination.

Insect- and Arthropod-Borne Diseases

Leishmaniasis may pose a risk. Personal protective measures are important.

Other Disease and Health Risks

Additional concerns include air pollution, marine hazards, snakebites.

Consular Advice

The material below includes information from the U.S. Department of State (DOS), U.K. Foreign & Commonwealth Office (FCO), Global Affairs Canada (GAC), and Australia's Department of Foreign Affairs and Trade (DFAT), as well as from additional open-source material. Standard safety precautions that apply to all international travel can be found in the Library article Safety and Security.

Terrorism Risk

Risk of attack by domestic and transnational terrorist groups exists throughout the country, including Manama. Targets may include domestic and international organizations and businesses; public places and events, including those frequented by tourists; and transportation systems.

Crime

Negligible risk of violent crime and moderate risk of petty crime exist throughout the country, mainly in old market areas ("souks").

Civil Unrest

Protests and demonstrations frequently occur throughout the country, especially in Manama, and have the potential to turn violent without warning. Bystanders are at risk of harm from violence or from the response by authorities. Disruption to transportation, free movement, or the ability to carry out daily activities may occur.

Water Safety

Rent water sports equipment from reputable operators. Scuba dive only with personnel certified by PADI or NAUI, and use equipment only from PADI- or NAUI-certified dive operators.

Outdoor Safety

Desert excursions should only be undertaken with organized groups and experienced guides. Participants should inform someone not on the tour of their itinerary and anticipated return time. An adequate supply of food and water for extended unforeseen delays is essential.

Transportation Safety

Risk of traffic-related injury or death exists. The road-traffic death rate is 7 to 12 per 100,000 population. The rate is less than 10 in most high-income countries.

Traffic flows on the right-hand side of the road. Travelers (including drivers and pedestrians) accustomed to traffic moving on the opposite side should be vigilant when navigating traffic.

Natural Disasters

Sandstorms and dust storms frequently occur.

Extreme heat (which can lead to heat-related illness) occurs from July through August.

Consular Information

Selected Embassies or Consulates in Bahrain

- | United States: [+973] 1724-2700; bh.usembassy.gov
- | Canada: [+973] 17-536270; travel.gc.ca/assistance/embassies-consulates/bahrain
- | United Kingdom: [+973] 17574100; www.gov.uk/world/organisations/british-embassy-manama

- | Australia: Australia does not have an embassy or consulate in Bahrain.

Bahrain's Embassies or Consulates in Selected Countries

- | In the U.S.: www.bahrainembassy.org
- | In Canada: Bahrain does not have an embassy or consulate in Canada.
- | In the U.K.: www.bahrainembassy.co.uk
- | In Australia: Bahrain does not have an embassy or consulate in Australia.

Visa/HIV Testing

HIV testing is required to obtain a work or residence visa. Travelers, including short-term travelers, may be detained or deported after arrival if found to be positive for HIV or hepatitis.

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