

# Chad

## Medical Summary

The health risk information presented here is summarized from Shoreland Travax<sup>®</sup>, a decision-support tool used by health care providers to perform a detailed health risk analysis based on specific locations, individual travel styles, and traveler risk behaviors. Travax provides practitioners current, independently researched malaria risk and prevention recommendations in a map-based format that goes beyond the annual WHO and CDC statements included here. Not included here are current reports from Travax of disease outbreaks or environmental events that may pose elevated risks to travelers' health and safety. The Providers section of this site offers a directory of health care providers who utilize Shoreland Travax for travel health counseling. Learn more about the detailed reports and maps available from these practitioners (includes links to samples).

## General Information

Chad is a developing nation classified as low income. Located in central Africa east of Niger and west of Sudan, the climate classifications range from dry (arid) in the north to humid equatorial (long dry season) in the south.

## Immunizations

### Yellow Fever

- | **Requirement:** A vaccination certificate is required for all travelers aged  $\geq 9$  months.
- | **Official Status:** listed by WHO as a country where YF transmission risk is present.

### Other Vaccines

Depending on your itinerary, your personal risk factors, and the length of your visit, your health care provider may offer you vaccination against hepatitis A, hepatitis B, influenza, measles, mumps, rubella, meningococcal meningitis, rabies, typhoid fever, or a one time polio booster if you haven't previously received one for travel. Routine immunizations, such as those that prevent tetanus/diphtheria or "childhood" diseases, should be reviewed and updated as needed.

## Malaria

The following is current information as reported by the World Health Organization (WHO) and the U.S. Centers for Disease Control (CDC):

### WHO—*International Travel and Health* (current online update, Country List)

(2018) Malaria risk due predominantly to *P. falciparum* exists throughout the year in the entire country.

- | Recommended prevention: **C** – Risk of *P. falciparum* malaria, in combination with reported chloroquine and sulfadoxine–pyrimethamine resistance. Mosquito bite prevention plus atovaquone–proguanil or doxycycline or mefloquine chemoprophylaxis (select according to reported side effects and contraindications) <sup>a</sup>
- <sup>a</sup>Alternatively, for travel to rural areas with low risk of malaria infection, mosquito bite prevention can be combined with stand–by emergency treatment (SBET).

WHO Country List footnote: When available, the date of the most recent update or confirmation is indicated in parentheses in the country list. If no date is indicated, the most recent update or confirmation was provided before 2013.

### CDC—*Health Information for International Travel* (current online edition)

Areas with malaria: All.

- | Estimated relative risk of malaria for US travelers: High.
- | Drug resistance<sup>4</sup>: Chloroquine.
- | Malaria species: *P. falciparum* 85%, *P. malariae*, *P. ovale*, and *P. vivax* 15% combined.
- | Recommended chemoprophylaxis: Atovaquone-proguanil, doxycycline, or mefloquine.

<sup>4</sup> Refers to *P. falciparum* malaria unless otherwise noted.

## Other Concerns

### Travelers' Diarrhea

High risk exists throughout the country, including in deluxe accommodations. Food and beverage precautions may reduce the likelihood of illness.

Travelers should carry loperamide for self-treatment of diarrhea and, if risk is moderate to high, an antibiotic to add if diarrhea is severe. Consult a knowledgeable health care provider regarding which antibiotic is appropriate for you and most effective for your destination.

### Insect- and Arthropod-Borne Diseases

African trypanosomiasis, leishmaniasis, loiasis, onchocerciasis, Rocky Mountain spotted fever, West Nile virus, Zika may pose a risk. Personal protective measures are important.

### Other Disease and Health Risks

Additional concerns include helminths, schistosomiasis, sexually transmitted infections, snakebites, tuberculosis.

## Consular Advice

*The material below includes information from the U.S. Department of State (DOS), U.K. Foreign & Commonwealth Office (FCO), Global Affairs Canada (GAC), and Australia's Department of Foreign Affairs and Trade (DFAT), as well as from additional open-source material. Standard safety precautions that apply to all international travel can be found in the Library article Safety and Security.*

### Consular Travel Advice

Due to terrorism and ongoing security concerns, Australia (DFAT) advises avoiding all travel to this country, except advises reconsidering travel (or avoiding nonessential travel) to N'Djamena. U.S. (DOS), U.K. (FCO), and Canada (GAC) have more limited warnings.

### Terrorism Risk

High risk of attack by domestic and transnational terrorist groups exists throughout the country, especially in N'Djamena and areas surrounding Lake Chad in Lac and Hadjer-Lamir regions. Targets may include domestic and international organizations and businesses; public places and events, including those frequented by tourists; and transportation systems.

High risk of kidnapping by terrorist groups exists in areas bordering Sudan and Central African Republic and the Sahel semiarid region. Targets may include foreigners (especially Westerners), journalists, nongovernmental organization workers, missionaries, and aid workers.

### Crime

High risk of violent crime (armed robbery and carjacking) exists throughout the country, including N'Djamena, areas near Lake Chad, and areas outside of Abéché that border Sudan.

Moderate risk of petty crime exists in markets and commercial areas throughout the country.

Scams involving false identity (such as criminals posing as police officers) have been reported.

### Civil Unrest

Protests and demonstrations occur throughout the country and have the potential to turn violent without warning. Bystanders are at risk of harm from violence or from the response by authorities.

### Unsafe Areas

A dangerous security environment exists in areas surrounding Lake Chad and other border areas.

Landmines and other unexploded ordnance are present in border areas, especially in areas bordering Libya.

### Transportation Safety

Significant risk of traffic-related injury or death exists. The road-traffic death rate is greater than 24 per 100,000 population,

the highest risk category. Carefully assess the safety of transportation options before any road travel. Speed laws are poorly enforced. Driving at night is not advised. Seek local advice before traveling on roads outside urban areas after dark.

Traffic flows on the right-hand side of the road. Travelers (including drivers and pedestrians) accustomed to traffic moving on the opposite side should be vigilant when navigating traffic.

Private buses and taxis do not meet international safety standards (due to unsafe vehicles and poor maintenance).

Taxis are unsafe. Use a privately hired driver.

### Natural Disasters

The rainy season is from May through October in southern areas and from June through September in central areas. Floods, mudslides, and landslides may occur.

### Consular Information

Selected Embassies or Consulates in Chad

- | United States: [+235] 2251-50-17; [td.usembassy.gov](http://td.usembassy.gov)
- | Canada: [+235] 6319-5680; [travel.gc.ca/assistance/embassies-consulates/chad](http://travel.gc.ca/assistance/embassies-consulates/chad)
- | United Kingdom: U.K. does not have an embassy or consulate in Chad.
- | Australia: Australia does not have an embassy or consulate in Chad.

Chad's Embassies or Consulates in Selected Countries

- | In the U.S.: [chadembassy.us](http://chadembassy.us)
- | In Canada: [+1] 613-680-3322
- | In the U.K.: Chad does not have an embassy or consulate in the U.K.
- | In Australia: Chad does not have an embassy or consulate in Australia.

### Visa/HIV Testing

HIV testing is not required to obtain a tourist, work, or residence visa.

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