

Kazakhstan

Medical Summary

The health risk information presented here is summarized from Shoreland Travax[®], a decision-support tool used by health care providers to perform a detailed health risk analysis based on specific locations, individual travel styles, and traveler risk behaviors. Travax provides practitioners current, independently researched malaria risk and prevention recommendations in a map-based format that goes beyond the annual WHO and US CDC statements included here. Not included here are current reports from Travax of disease outbreaks or environmental events that may pose elevated risks to travelers' health and safety. The Providers section of this site offers a directory of health care providers who utilize Shoreland Travax for travel health counseling. Learn more about the detailed reports and maps available from these practitioners (includes links to samples).

General Information

Kazakhstan is a developing nation classified as upper middle income. Located in central Asia (south of Russia and north of Uzbekistan), the climate classifications range from dry (arid) in the south to humid cold (no dry season) in the north, with cooler temperatures in some high-altitude areas.

Vaccinations

Yellow Fever

Although yellow fever does not occur in Kazakhstan, an official yellow fever vaccination certificate may be required depending on your itinerary.

- *Requirement:* A certificate proving yellow fever vaccination is required for travelers coming from countries with risk of YF transmission. This also applies to all airport transit stops (no exit through immigration checkpoint) in risk countries.

Other Vaccines

Depending on your itinerary, your personal risk factors, and the length of your visit, your health care provider may offer you vaccination against COVID-19, hepatitis A, hepatitis B, influenza, measles, mumps, rubella, rabies, tick-borne encephalitis, or typhoid fever. Routine immunizations, such as those that prevent tetanus/diphtheria or "childhood" diseases, should be reviewed and updated as needed.

Malaria

The following is current information as reported by the World Health Organization (WHO) and the US Centers for Disease Control (CDC):

WHO—*International Travel and Health* (current online update, Country List)

No statement given.

CDC—*Health Information for International Travel* (current online edition)

Areas with malaria: None.

Drug resistance: Not applicable.

Other Concerns

Travelers' Diarrhea

Moderate risk exists throughout the country, including in deluxe accommodations. Community sanitation and food safety measures may be inadequate. Some itineraries (e.g., remote destinations, austere accommodations) and activities (e.g., ecotourism, eating street or local-market food) further increase risk.

Travelers should observe food and beverage precautions, which reduce the likelihood of illness.

Travelers should carry loperamide for self-treatment of diarrhea and, if risk is moderate to high, an antibiotic to add if diarrhea is severe. Consult a knowledgeable health care provider regarding which antibiotic is appropriate for you and most effective for your

destination.

Other Food-Borne Illnesses

Precautions to prevent brucellosis may be needed.

Insect- and Arthropod-Borne Diseases

Leishmaniasis, West Nile virus may pose a risk. Personal protective measures are important.

Other Disease and Health Risks

Additional concerns include anthrax disease, Crimean-Congo hemorrhagic fever, hantavirus, helminths, hepatitis C, leptospirosis, plague, sexually transmitted infections, tuberculosis.

Consular Advice

The material below includes information from the US Department of State (DOS), the UK Foreign, Commonwealth & Development Office (FCO), Global Affairs Canada (GAC), and Australia's Department of Foreign Affairs and Trade (DFAT), as well as from additional open-source material. Standard safety precautions that apply to all international travel can be found in the Library article Safety and Security.

Terrorism Risk

Risk of attack by transnational terrorist groups exists throughout the country. Targets may include domestic and international organizations and businesses; public places and events, including those frequented by tourists; and transportation systems.

Crime

Moderate risk of violent crime (armed robbery, carjacking, and assault) exists throughout the country, especially in the cities of Astana, Atyrau, Aktau, and Almaty, including areas frequented by expatriates and tourists, particularly outside bars and nightclubs at night.

Moderate risk of petty crime exists throughout the country, especially in areas frequented by tourists in Almaty Province, including on public transportation; in parks, markets (including the Green Market in Almaty), and shopping areas; near major tourist hotels and nightclubs.

Scams involving corrupt officials and false identity (such as criminals posing as police officers and prearranged drivers at airports) have been reported.

Risk exists of robberies and/or assaults occurring after consuming intentionally drugged food or drink; tourists are frequently targeted (including in Almaty).

Civil Unrest

Protests and demonstrations may infrequently occur and have the potential to turn violent without warning. Bystanders are at risk of harm from violence or from the response by authorities. Disruption to transportation, free movement, or the ability to carry out daily activities may occur.

Unsafe Areas

Restricted areas may exist in towns and villages in Almaty and Kyzylorda provinces.

Transportation Safety

High risk of traffic-related injury or death exists. The road traffic death rate is 12 to 24 per 100,000 population. The rate is less than 10 in most high-income countries.

Structural standards for vehicles may not meet international standards.

Natural Disasters

Seismic activity frequently occurs, especially in southern areas.

Consular Information

Selected Embassies or Consulates in Kazakhstan

- United States: [+7] 7172-70-21-00; kz.usembassy.gov
- Canada: [+7] 7172-475-577; www.kazakhstan.gc.ca
- United Kingdom: [+7] 7172-556200; www.gov.uk/world/organisations/british-embassy-astana
- Australia: [+7] 727-258-5960

Kazakhstan's Embassies or Consulates in Selected Countries

- In the U.S.: kazakhembus.com
- In Canada: mfa.gov.kz/en/ottawa
- In the U.K.: www.mfa.kz/london
- In Australia: www.kazakhstan.org.au

Visa/HIV Testing

HIV and hepatitis testing are required to obtain a work or residence visa.

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