

# Northern Mariana Islands

## Medical Summary

*The health risk information presented here is summarized from Shoreland Travax<sup>®</sup>, a decision-support tool used by health care providers to perform a detailed health risk analysis based on specific locations, individual travel styles, and traveler risk behaviors. Travax provides practitioners current, independently researched malaria risk and prevention recommendations in a map-based format that goes beyond the annual WHO and CDC statements included here. Not included here are current reports from Travax of disease outbreaks or environmental events that may pose elevated risks to travelers' health and safety. The Providers section of this site offers a directory of health care providers who utilize Shoreland Travax for travel health counseling. Learn more about the detailed reports and maps available from these practitioners (includes links to samples).*

## General Information

Northern Mariana Islands, a commonwealth of the United States, is an industrialized nation in the top 25% of the world's economies. Located in the North Pacific Ocean (north of Micronesia), the climate is classified as humid equatorial (no dry season).

## Immunizations

Depending on your itinerary, your personal risk factors, and the length of your visit, your health care provider may offer you vaccination against hepatitis A, hepatitis B, influenza, measles, mumps, rubella, rabies, or typhoid fever. Routine immunizations, such as those that prevent tetanus/diphtheria or "childhood" diseases, should be reviewed and updated as needed.

## Malaria

The following is current information as reported by the World Health Organization (WHO) and the U.S. Centers for Disease Control (CDC):

### *WHO—International Travel and Health (current online update, Country List)*

No statement given.

### *CDC—Health Information for International Travel (current online edition)*

Areas with malaria: None.

Drug resistance: Not applicable.

## Other Concerns

### Travelers' Diarrhea

Moderate risk exists throughout the country, including in deluxe accommodations. Food and beverage precautions may reduce the likelihood of illness.

Travelers should carry loperamide for self-treatment of diarrhea and, if risk is moderate to high, an antibiotic to add if diarrhea is severe. Consult a knowledgeable health care provider regarding which antibiotic is appropriate for you and most effective for your destination.

### Other Food-Borne Illnesses

Precautions to prevent seafood poisoning may be needed.

### Other Disease and Health Risks

Additional concerns include marine hazards, tuberculosis.

## Consular Advice

*The material below includes information from the U.S. Department of State (DOS), U.K. Foreign & Commonwealth Office (FCO), Global Affairs Canada (GAC), and Australia's Department of Foreign Affairs and Trade (DFAT), as well as from additional open-source material. Standard safety precautions that apply to all international travel can be found in the Library article Safety and Security.*

### Terrorism Risk

No intrinsic risk of attack by terrorist groups exists, but unforeseen attacks are possible.

### Crime

Negligible risk of violent crime exists throughout the country.

### Water Safety

Rent water sports equipment from reputable operators. Scuba dive only with personnel certified by PADI or NAUI and use equipment only from PADI- or NAUI-certified dive operators.

### Transportation Safety

National incidence data on traffic-related injury or death are not available.

Traffic flows on the right-hand side of the road. Travelers (including drivers and pedestrians) accustomed to traffic moving on the opposite side should be vigilant when navigating traffic.

### Natural Disasters

The typhoon season is from August through November. Floods, mudslides, and landslides may occur.

Volcanic activity occurs on Agrihan and Pagan islands.

### Consular Information

Selected Embassies or Consulates in Northern Mariana Islands, a territory of the United States

- | United States: The U.S. does not have an embassy or consulate in Northern Mariana Islands.
- | Canada: Canada does not have an embassy or consulate in Northern Mariana Islands.
- | United Kingdom: U.K. does not have an embassy or consulate in Northern Mariana Islands.
- | Australia: Australia does not have an embassy or consulate in Northern Mariana Islands.

Northern Mariana Islands' Embassies or Consulates in Selected Countries

- | In the U.S.: Northern Mariana Islands does not have an embassy or consulate in the U.S.
- | In Canada: Northern Mariana Islands does not have an embassy or consulate in Canada.
- | In the U.K.: Northern Mariana Islands does not have an embassy or consulate in the U.K.
- | In Australia: Northern Mariana Islands does not have an embassy or consulate in Australia.

### Visa/HIV Testing

HIV testing is not required to obtain a tourist, work, or residence visa.

© 2019 Shoreland, Inc. All rights reserved.