

Saint Kitts and Nevis

Medical Summary

The health risk information presented here is summarized from Shoreland Travax[®], a decision-support tool used by health care providers to perform a detailed health risk analysis based on specific locations, individual travel styles, and traveler risk behaviors. Travax provides practitioners current, independently researched malaria risk and prevention recommendations in a map-based format that goes beyond the annual WHO and CDC statements included here. Not included here are current reports from Travax of disease outbreaks or environmental events that may pose elevated risks to travelers' health and safety. The Providers section of this site offers a directory of health care providers who utilize Shoreland Travax for travel health counseling. Learn more about the detailed reports and maps available from these practitioners (includes links to samples).

General Information

Saint Kitts and Nevis is a developing nation classified as high income. Located in the Caribbean Sea (south of Saint Barthelemy), the climate is classified as humid equatorial (no dry season).

Vaccinations

Yellow Fever

Although yellow fever does not occur in Saint Kitts and Nevis, an official yellow fever vaccination certificate may be required depending on your itinerary.

- ▮ *Requirement:* A vaccination certificate is required for travelers aged ≥ 1 year coming from countries with risk of YF transmission. Note: This does not apply to airport transit stops (no exit through immigration checkpoint) in risk countries.

Other Vaccines

Depending on your itinerary, your personal risk factors, and the length of your visit, your health care provider may offer you vaccination against hepatitis A, hepatitis B, influenza, measles, mumps, rubella, rabies, typhoid fever, or a one time polio booster if you haven't previously received one for travel. Routine immunizations, such as those that prevent tetanus/diphtheria or "childhood" diseases, should be reviewed and updated as needed.

Malaria

The following is current information as reported by the World Health Organization (WHO) and the U.S. Centers for Disease Control (CDC):

WHO—*International Travel and Health* (current online update, Country List)

No statement given.

CDC—*Health Information for International Travel* (current online edition)

Areas with malaria: None.

Drug resistance: Not applicable.

Other Concerns

Travelers' Diarrhea

Moderate risk exists throughout the country, including in deluxe accommodations. Food and beverage precautions may reduce the likelihood of illness.

Travelers should carry loperamide for self-treatment of diarrhea and, if risk is moderate to high, an antibiotic to add if diarrhea is severe. Consult a knowledgeable health care provider regarding which antibiotic is appropriate for you and most effective for your destination.

Other Food-Borne Illnesses

Precautions to prevent seafood poisoning may be needed.

Insect- and Arthropod-Borne Diseases

Chikungunya, dengue, Zika may pose a risk. Personal protective measures are important.

Other Disease and Health Risks

Additional concerns include marine hazards.

Consular Advice

The material below includes information from the U.S. Department of State (DOS), U.K. Foreign & Commonwealth Office (FCO), Global Affairs Canada (GAC), and Australia's Department of Foreign Affairs and Trade (DFAT), as well as from additional open-source material. Standard safety precautions that apply to all international travel can be found in the Library article Safety and Security.

Terrorism Risk

No intrinsic risk of attack by terrorist groups exists, but unforeseen attacks are possible.

Crime

Low risk of violent crime (armed robbery, sexual assault, and murder) exists throughout the country.

Moderate risk of petty crime exists throughout the country. Theft of valuables from accommodations is common.

Water Safety

Rent water sports equipment from reputable operators. Scuba dive only with personnel certified by PADI or NAUI, and use equipment only from PADI- or NAUI-certified dive operators.

Transportation Safety

National incidence data on traffic-related injury or death are not available.

Traffic flows on the left-hand side of the road. Travelers (including drivers and pedestrians) accustomed to traffic moving on the opposite side should be vigilant when navigating traffic.

Airline Safety

U.S. Federal Aviation Administration has determined that the civil aviation authority of this country oversees its air carriers in accordance with minimum international safety standards.

Natural Disasters

The hurricane season is from June through November. Floods may occur.

Volcanic activity occurs.

Consular Information

Selected Embassies or Consulates in Saint Kitts and Nevis

- | United States: The U.S. does not have an embassy or consulate in Saint Kitts and Nevis.
- | Canada: Canada does not have an embassy or consulate in Saint Kitts and Nevis.
- | United Kingdom: [+1] 869-430-7800
- | Australia: Australia does not have an embassy or consulate in Saint Kitts and Nevis.

Saint Kitts and Nevis' Embassies or Consulates in Selected Countries

- | In the U.S.: embassy.gov.kn
- | In Canada: [+1] 613-518-2447
- | In the U.K.: www.stkittsnevisuk.com
- | In Australia: Saint Kitts and Nevis does not have an embassy or consulate in Australia.

Visa/HIV Testing

HIV testing is required to obtain a work or residence visa.

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