

Saint Lucia

Medical Summary

The health risk information presented here is summarized from Shoreland Travax[®], a decision-support tool used by health care providers to perform a detailed health risk analysis based on specific locations, individual travel styles, and traveler risk behaviors. Travax provides practitioners current, independently researched malaria risk and prevention recommendations in a map-based format that goes beyond the annual WHO and US CDC statements included here. Not included here are current reports from Travax of disease outbreaks or environmental events that may pose elevated risks to travelers' health and safety. The Providers section of this site offers a directory of health care providers who utilize Shoreland Travax for travel health counseling. Learn more about the detailed reports and maps available from these practitioners (includes links to samples).

General Information

Saint Lucia is a developing nation classified as upper middle income. Located in the Caribbean Sea (south of Martinique and north of Saint Vincent and the Grenadines), the climate is classified as humid equatorial (no dry season).

Vaccinations

Yellow Fever

Although yellow fever does not occur in Saint Lucia, an official yellow fever vaccination certificate may be required depending on your itinerary.

- *Requirement:* A certificate proving yellow fever vaccination is required for travelers aged ≥ 9 months coming from countries with risk of YF transmission. This does not apply to airport transit stops (no exit through immigration checkpoint) in risk countries.

Other Vaccines

Depending on your itinerary, your personal risk factors, and the length of your visit, your health care provider may offer you vaccination against COVID-19, hepatitis A, hepatitis B, influenza, measles, mumps, rubella, rabies, or typhoid fever. Routine immunizations, such as those that prevent tetanus/diphtheria or "childhood" diseases, should be reviewed and updated as needed.

Malaria

The following is current information as reported by the World Health Organization (WHO) and the US Centers for Disease Control (CDC):

WHO—*International Travel and Health* (current online update, Country List)

No statement given.

CDC—*Health Information for International Travel* (current online edition)

Areas with malaria: None.

Drug resistance: Not applicable.

Other Concerns

Travelers' Diarrhea

Moderate risk exists throughout the country, including in deluxe accommodations. Community sanitation and food safety measures may be inadequate. Some itineraries (e.g., remote destinations, austere accommodations) and activities (e.g., ecotourism, eating street or local-market food) further increase risk.

Travelers should observe food and beverage precautions, which reduce the likelihood of illness.

Travelers should carry loperamide for self-treatment of diarrhea and, if risk is moderate to high, an antibiotic to add if diarrhea is severe. Consult a knowledgeable health care provider regarding which antibiotic is appropriate for you and most effective for your

destination.

Other Food-Borne Illnesses

Precautions to prevent seafood poisoning may be needed.

Insect- and Arthropod-Borne Diseases

Chikungunya, dengue may pose a risk. Personal protective measures are important.

Other Disease and Health Risks

Additional concerns include helminths, leptospirosis, marine hazards, schistosomiasis, snakebites.

Consular Advice

The material below includes information from the US Department of State (DOS), the UK Foreign, Commonwealth & Development Office (FCO), Global Affairs Canada (GAC), and Australia's Department of Foreign Affairs and Trade (DFAT), as well as from additional open-source material. Standard safety precautions that apply to all international travel can be found in the Library article Safety and Security.

Terrorism Risk

No intrinsic risk of attack by terrorist groups exists, but unforeseen attacks are possible.

Crime

Low risk of violent crime (armed robbery, home robbery, sexual assault, and murder) and moderate risk of petty crime exist throughout the country. Free-standing villas and bungalows often lack adequate security.

Water Safety

Rent water sports equipment from reputable operators. Scuba dive only with personnel certified by PADI or NAUI and use equipment only from PADI- or NAUI-certified dive operators.

Transportation Safety

Significant risk of traffic-related injury or death exists. The road traffic death rate is more than 24 per 100,000 population, the highest risk category. Carefully assess the safety of transportation options before any road travel.

Drunk driving laws are poorly enforced.

Structural standards for vehicles may not meet international standards.

Airline Safety

The US Federal Aviation Administration has determined that the civil aviation authority of this country does not oversee its air carriers in accordance with minimum international safety standards.

Natural Disasters

The hurricane season is from June through November. Floods, mudslides, and landslides may occur.

Seismic and volcanic activity occur.

Consular Information

Selected Embassies or Consulates in Saint Lucia

- United States: The U.S. does not have an embassy or consulate in Saint Lucia.
- Canada: Canada does not have an embassy or consulate in Saint Lucia.
- United Kingdom: [+1] 758-452-2484; www.gov.uk/world/organisations/british-high-commission-castries
- Australia: Australia does not have an embassy or consulate in Saint Lucia.

Saint Lucia's Embassies or Consulates in Selected Countries

- In the U.S.: www.embassyofstlucia.org
- In Canada: stluciaconsulate.ca

- In the U.K.: [+44] 020-7370-7123
- In Australia: Saint Lucia does not have an embassy or consulate in Australia.

Visa/HIV Testing

HIV testing is not required to obtain a tourist, work, or residence visa.

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