

# Seychelles

## Medical Summary

*The health risk information presented here is summarized from Shoreland Travax<sup>®</sup>, a decision-support tool used by health care providers to perform a detailed health risk analysis based on specific locations, individual travel styles, and traveler risk behaviors. Travax provides practitioners current, independently researched malaria risk and prevention recommendations in a map-based format that goes beyond the annual WHO and US CDC statements included here. Not included here are current reports from Travax of disease outbreaks or environmental events that may pose elevated risks to travelers' health and safety. The Providers section of this site offers a directory of health care providers who utilize Shoreland Travax for travel health counseling. Learn more about the detailed reports and maps available from these practitioners (includes links to samples).*

## General Information

Seychelles is a developing nation classified as high income. Located in the Indian Ocean (northeast of Madagascar), the climate is classified as humid equatorial (long dry season).

## Vaccinations

### Yellow Fever

Although yellow fever does not occur in Seychelles, an official yellow fever vaccination certificate may be required depending on your itinerary.

- *Requirement:* A certificate proving yellow fever vaccination is required for travelers aged  $\geq 1$  year coming from countries with risk of YF transmission. This also applies to all airport transit stops in risk countries.

### Other Vaccines

Depending on your itinerary, your personal risk factors, and the length of your visit, your health care provider may offer you vaccination against COVID-19, hepatitis A, hepatitis B, influenza, measles, mumps, rubella, rabies, or typhoid fever. Routine immunizations, such as those that prevent tetanus/diphtheria or "childhood" diseases, should be reviewed and updated as needed.

## Malaria

The following is current information as reported by the World Health Organization (WHO) and the US Centers for Disease Control (CDC):

### WHO—*International Travel and Health* (current online update, Country List)

No statement given.

### CDC—*Health Information for International Travel* (current online edition)

Areas with malaria: None.

Drug resistance: Not applicable.

## Other Concerns

### Travelers' Diarrhea

High risk exists throughout the country, with moderate risk in deluxe accommodations. Community sanitation and food safety measures are generally inadequate. Some itineraries (e.g., remote destinations, austere accommodations) and activities (e.g., ecotourism, eating street or local-market food) further increase risk.

Travelers should observe food and beverage precautions, which reduce the likelihood of illness.

Travelers should carry loperamide for self-treatment of diarrhea and, if risk is moderate to high, an antibiotic to add if diarrhea is severe. Consult a knowledgeable health care provider regarding which antibiotic is appropriate for you and most effective for your destination.

## Other Food-Borne Illnesses

Precautions to prevent brucellosis may be needed.

## Insect- and Arthropod-Borne Diseases

Chikungunya, dengue, West Nile virus may pose a risk. Personal protective measures are important.

## Other Disease and Health Risks

Additional concerns include leptospirosis, marine hazards, melioidosis, sexually transmitted infections.

## Consular Advice

*The material below includes information from the US Department of State (DOS), the UK Foreign, Commonwealth & Development Office (FCO), Global Affairs Canada (GAC), and Australia's Department of Foreign Affairs and Trade (DFAT), as well as from additional open-source material. Standard safety precautions that apply to all international travel can be found in the Library article Safety and Security.*

## Terrorism Risk

No intrinsic risk of attack by terrorist groups exists, but unforeseen attacks are possible.

## Crime

Moderate risk of violent crime (armed robbery) exists throughout the country, including areas frequented by tourists. Free-standing villas and bungalows often lack adequate security.

Moderate risk of petty crime exists in areas frequented by tourists, especially on beaches (particularly on Beau Vallon and Cote D'Or), walking trails, and the back streets of Victoria.

## Civil Unrest

Protests and demonstrations may infrequently occur and have the potential to turn violent without warning. Bystanders are at risk of harm from violence or from the response by authorities. Disruption to transportation, free movement, or the ability to carry out daily activities may occur.

## Unsafe Areas

Piracy (involving commercial and private leisure vessels) occurs in coastal and international waters.

## Water Safety

Hazardous water conditions (including currents, tides, and undertows) may occur, especially in Beau Vallon Beach. Heed posted warnings and avoid beaches that are not patrolled. Do not swim alone or after dark and do not walk on any beach after dark.

Passenger boats may be unsafe, including ferries, small crafts, and speedboats traveling between islands. Decline water transportation in vessels that appear overloaded or lack personal flotation devices or life jackets.

Rent water sports equipment from reputable operators. Scuba dive only with personnel certified by PADI or NAUI and use equipment only from PADI- or NAUI-certified dive operators.

## Transportation Safety

High risk of traffic-related injury or death exists. The road traffic death rate is 12 to 24 per 100,000 population. The rate is less than 10 in most high-income countries.

Structural standards for vehicles may not meet international standards.

## Natural Disasters

The monsoon season is from November through February. Floods, mudslides, and landslides may occur.

## Consular Information

Selected Embassies or Consulates in Seychelles

- United States: [+248] 422-5256; [mu.usembassy.gov/embassy-vpp/seychelles](http://mu.usembassy.gov/embassy-vpp/seychelles)

- Canada: Canada does not have an embassy or consulate in Seychelles.
- United Kingdom: [+248] 428-3666; [www.gov.uk/world/organisations/high-commission-victoria](http://www.gov.uk/world/organisations/high-commission-victoria)
- Australia: Australia does not have an embassy or consulate in Seychelles.

#### Seychelles's Embassies or Consulates in Selected Countries

- In the U.S.: [+1] 212-972-1785
- In the U.K.: [+44] 020-7730-2046
- In Canada: [+1] 416-256-1947
- In Australia: [+61] 03-97-96-94-12

#### Visa/HIV Testing

HIV and hepatitis testing may be required to obtain a work or residence visa.

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